

FY23

Annual Report





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Agency Overview



Child maltreatment is an ongoing public health crisis afflicting the state of Texas. In its fiscal year 2022, the Texas Department of Family and Protective Services (DFPS) reported 1,074 children in Bexar County were removed from their homes due to suspected abuse and neglect, the highest number of removals in a Texas county that year. Additionally, Bexar County has maintained the highest number of removals by county since 2019, placing RCSA's operations in the center of the crisis (1). The Texas Department of Family & Protective Services (DFPS) Data Book also indicated that 40% of the children who were adopted in Texas in 2022 had a diagnosed disability. Unfortunately, research shows that children with disabilities are nearly four times more likely to become a victim of abuse or neglect than their non-disabled peers (2).

RCSA's Children's Homes serve children between the ages of 0 to 17 diagnosed with conditions such as autism, cerebral palsy, Down syndrome, Fragile-X, fetal drug syndrome, and traumatic brain injury who have been victimized by abuse and neglect as well as their non-disabled siblings. Keeping sibling groups intact prevents the additional emotional distress of separation following trauma. Due to the lack of other suitable facilities for this population, as well as difficulty finding permanent placements equipped to provide adequate medical care, the average length of stay for children in our residential program is 374 days.

RCSA has multiple preventative programs that provide essential support services to families with children who have special needs and complex medical conditions. RCSA's Developmental Childcare Center serves children ages 6 weeks to 6 years old. RCSA's Community Respite Programs serve children ages 3 to 12 years old.

The geographic distribution of clients in RCSA programs spans 37 unique San Antonio zip codes and 22 Texas Counties.

(1) Texas Open Data Portal data.texas.gov CPS 1.1 Family Preservation – Children Served And Removed By Region FY2013-2022

(2) Jones L, Bellis MA, Wood S, Hughes K, McCoy E, Eckley L, Bates G, Mikton C, Shakespeare T, Officer A. Prevalence and risk of violence against children with disabilities: a systematic review and meta-analysis of observational studies. *Lancet*. 2012 Sep 8;380(9845):899-907. doi: 10.1016/S0140-6736(12)60692-8. Epub 2012 Jul 12. PMID: 22795511.



Senior Leadership



REBECCA HELTERBRAND
PRESIDENT & CEO

Rebecca Helterbrand serves as RCSA's President & CEO and offers 30 years of senior leadership experience. Ms. Helterbrand holds a Bachelor of Business Administration, is a trained Malcolm Baldrige Performance Excellence assessor, a Texas Hospital Association Fellow, and is Trauma Informed Care certified.



JESSICA ROSALES
CHIEF OPERATING OFFICER

Jessica Rosales joined RCSA in July 2021, and oversees all program operations. Ms. Rosales holds a bachelor's degree in Operational Management and Master of Business Administration, and offers over 12 years of nonprofit leadership experience, specializing in the care of individuals with intellectual and developmental disabilities.



MIA MIGLIACCIO-HERNANDEZ
DIRECTOR OF DEVELOPMENT

Mia Migliaccio-Hernandez, CDE, joined RCSA as a consultant in October 2022 and joined the staff full-time the following December. Ms. Migliaccio-Hernandez holds a bachelor's degree in Geography from the University of Texas at Austin and brings over 10 years of business and GIS data analysis experience. She has been active in the San Antonio nonprofit community since 2015 and has a personal passion for serving individuals with disabilities and their caregivers.

Our Board of Directors



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Security Service Federal Credit Union

Mission & Vision



Mission

Respite Care of San Antonio's (RCSA) mission is to protect, love, build trust and nurture growth of children with special needs and complex medical conditions while strengthening the families caring for them.

Vision

RCSA's vision is for children with special needs and their families to be empowered to reach their maximum potential.



Living Our Values



Our values guide our work and decision-making processes. These values are:

Commitment

1. We pursue a shared vision.
2. We demonstrate a mutual desire for our teammates, the children/families we serve, and our partners to succeed.
3. We share the RCSA mission everywhere to everyone.

Excellence

1. We are personally passionate about being our best, being innovative, and forging strong teams and partnerships.
2. We learn from mistakes and seek out opportunities for growth and improvement while celebrating our successes.
3. We believe that it takes a diverse and inclusive team and many perspectives to achieve outstanding results.



Compassion

1. We demonstrate caring for others through our words and actions while acknowledging, respecting, and collaborating with everyone we engage.
2. We embrace change, challenge, and diversity that promotes personal and organizational growth.
3. We realize that trauma is prevalent, and we recognize, respond, and resist re-traumatization.

Integrity

1. We are accountable, consistent, and honor our commitments.
2. We always tell the truth with kindness.
3. We demonstrate commitment to the mission, vision, values, policies, procedures, and practices of RCSA.

Our Services



Residential Children's Homes

Davidson Respite Home & Najim Family Respite Home

Respite Care of San Antonio's Residential Children's Homes operate 24/7/365 to provide protection and urgent essential needs (shelter, food, clothing, transportation, and care) to children in crisis removed from their homes due to abuse and neglect.

Our program is dedicated to serving children with intellectual and developmental disabilities and complex medical conditions. This vulnerable population needs extra resources to overcome the consequences of medical neglect and inadequate care.



Developmental Childcare Center

Located at Christ Episcopal Church

RCSA's Developmental Childcare Program helps meet San Antonio's need for early childhood education for children with special needs and complex medical conditions from six weeks to six years of age.

RCSA's Childcare Program is Texas School Ready and is a four-star-certified Texas Rising Star Provider, the highest possible rating.



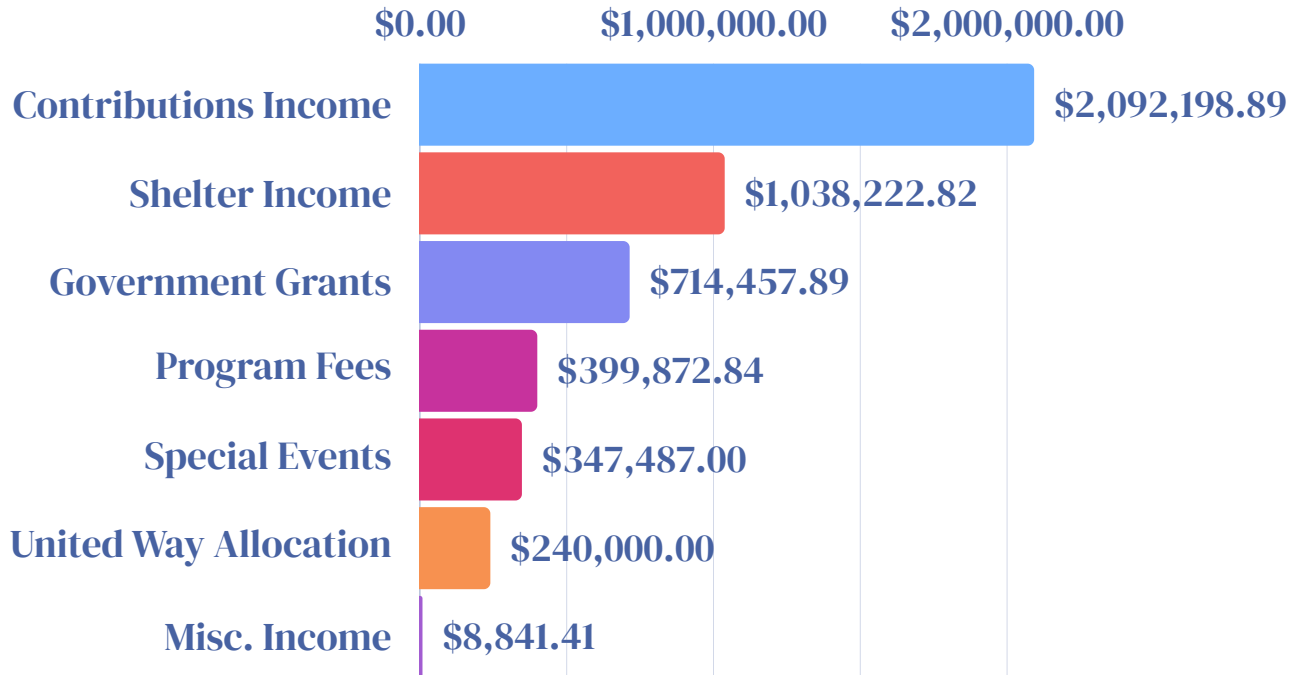
Community Respite Programs

On & Offsite Offerings

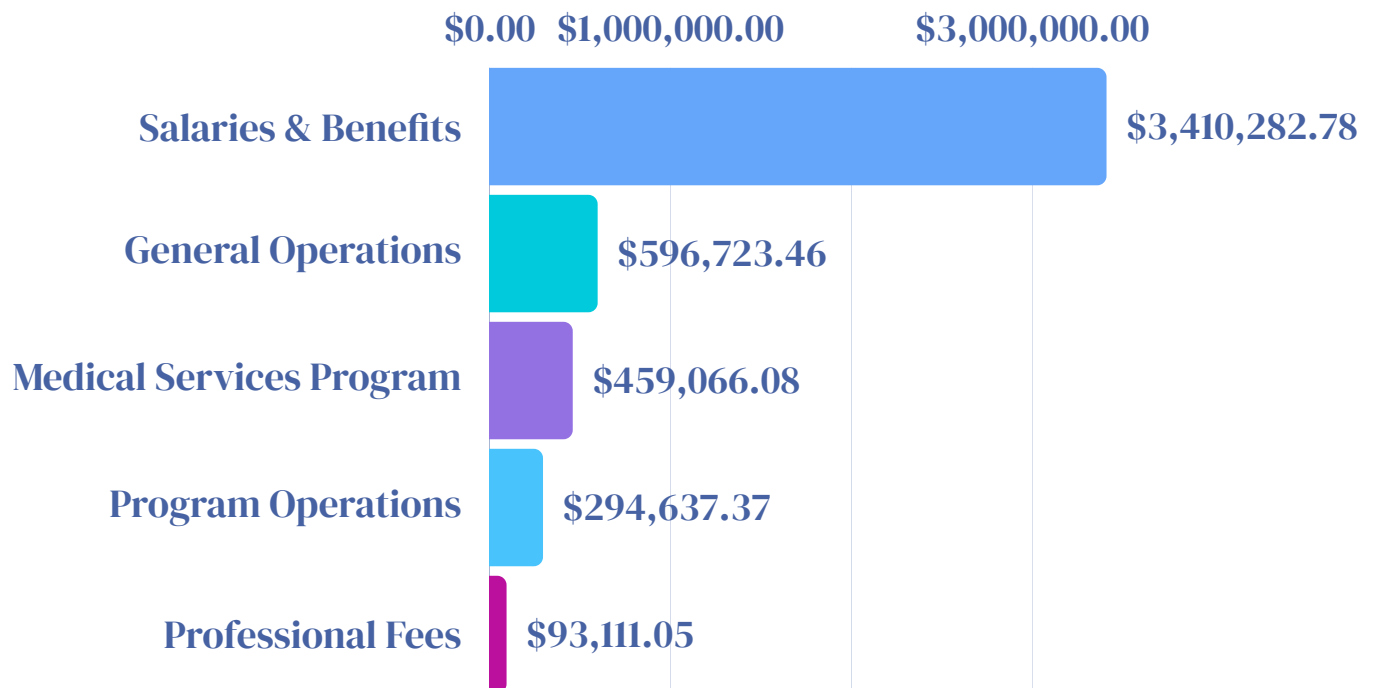
Including Mother's Day Out, Family Day Out & Parent's Night Out, as well as year-round school break camps, RCSA's Community Respite Programs are proven to reduce caregiver stress, prevent child abuse, & improve the emotional and financial resiliency of families caring for a child with special needs.

Fiscal Year Financial Overview

Total Income: \$4,841,080.62



Total Expense: \$4,853,820.74



Fiscal Year '23 Highlights



100%

of children in the
**Developmental Childcare
Program** achieved
developmental milestones

380

Unique
Individuals Served

16,887

Days of Care Provided in
RCSA's Community
Programs

6,013

Total Nights of
Care Provided in the
Residential Program

100%

of children in the
Residential Program
achieved
developmental milestones

Success Stories from the Community



“Respite care has impacted our life and household in a major way. We have 2 kids Victor (4yrs old) and Isaiah (1yr 9 months). Victor has been diagnosed with autism and has had tons of difficulties in social settings. As you could imagine having two kids in general is hard for any parents, but to have a child with autism only increases that difficulty along with owning a mobile detailing business (210 On The Go Detailing). We as a family felt very consumed with work, therapies and trying to raise two beautiful boys. Finding time for my wife and I was so difficult; we hadn’t been on a date or had done anything for ourselves in years. We would feel guilty leaving our kids with family or friends, knowing how difficult it is to care for Victor. We were finding ourselves crying because of how exhausted we were with everything. Finally the solution came in the form of Respite Care. We were extremely hesitant at first and felt a lot of parent guilt. The staff has been so amazing with how they create a relationship with our children and most importantly us as parents. We genuinely are so grateful to have found [Respite Care] because without them we wouldn’t have the much needed time to reset from a long week. Respite Care is now something we suggest and encourage any parent with a special needs kiddo to attend to.”
- Victor Rubio



“Before finding Respite Care of San Antonio, our concern was finding a daycare center that would work with our developmentally delayed child’s unique needs. Respite Care of San Antonio practices inclusion, which is very important to me because our world is diverse. Respite Care prioritizes safety. The staff is well aware of my children’s health needs. The childcare center is kept clean. I love seeing my children socializing with their peers at Respite Care. Their staff is caring, empathetic, devoted, and compassionate. Respite Care of San Antonio has made a big difference in our lives. My son has built and improved on essential skills. We have a busy schedule, and they help us coordinate care for the children. Their partnerships with local businesses and volunteers also help my children. We have received fun gift bags and other goods. Respite Care hosts different events and provides resources to help promote and enrich the lives of the children they serve. I appreciate all that Respite Care of San Antonio does for the children.” - The Ngumah Family

Success Stories from the Community



“My concern with starting childcare anywhere was huge! Ailah is a "pandemic baby." I have been the only consistent person in her life! She is TOO attached to me. We attempted [identifying name removed] daycare at the age of one, but she wound up getting hurt, because she was immobile and could see very well. It takes time for her to adjust and trust, so her getting hurt and remaining scared was not working for her. We then went to daytime nannies. This also took time, but it was in her own element. Unfortunately, the cost was more than I am making to continue SSI and also let her acclimate to someone else. We were able to have a nanny for about a year. Due to the fact that I know she will grow immensely being around other children in a different atmosphere, we needed to find a safe place for her. We are not a complete success story yet, but I know that her acclimation will come very soon! Respite Care has saved my sanity! They have allowed me to continue my part time job! They allow me to focus on her therapies two times a week, which is a big deal. They also save me tons of money, or asking for money, by utilizing the Child Care Subsidy program. They let me feel like she is being cared for and they have patience to work with her during her transition period. RCSA has increased the quality of time I have with Ailah. If we didn't have Respite Care, I don't know where we would be! Thank you so much for helping me and Ailah grow and better ourselves individually and together!” - Devra Hardy



“It was an emotional struggle finding a program that would accept my daughter who has Down syndrome and also has a G-tube. After reaching out to Down Syndrome Association of South Texas, [they] suggested Respite Care of San Antonio. Learning they also accept siblings of special needs children I knew this was the place for us! I am comfortably getting through my first semester as a returning Alamo Colleges student, knowing my daughters are in great hands being part of the Respite Care family!” - Sabrina Aguilar

Success Stories from the Residential Program



“We have a nine-year-old girl that was placed with us back in May of 2022. Prior to living at the Davidson Respite House (DRH) she had never been to school. Her entire life was spent taking care of her brother with special needs and trying to survive day to day. She and her brother were found abandoned in an empty building where her mother and aunt had left them. In the month of August, she was enrolled in school by Respite Care. She was very nervous, but excited to be awarded the opportunity to learn. She picked up quickly and loved school from the start! She made tons of friends and loves the fact that she can be herself around her peers. The staff have been working diligently with her on her homework as well as providing some tutoring for her after school. She brought her first report card home this week and this beautiful, loving, and smart girl had straight A's!”



“In the month of August, we had one of our dearest children adopted by a beautiful family in Colorado. This child had been living with Respite Care for over five years and had a slew of medical conditions that made it challenging to find a family for her. Due to the tremendous hard work and dedication of the Respite Care team along with the assistance of the medical professionals that helped along the way this child had overcome many of her developmental delays. Upon admission, this child was not ambulating, nor did she have a steady gait. She was unable to communicate through sign language or verbal cues. We were honored and thrilled that prior to leaving to join her new adoptive family, she was ambulating on her own, had a steady gait, and was effectively communicating! Her mode of communication was a combination of her communication device as well as some verbal. Respite Care was excited to receive an update video that showed her singing karaoke loud and proud with her new family by her side.”



“We had a sibling group of two that resided at Respite Care for four years that was adopted in July by a beautiful family. The two children had a number of intellectual and developmental disabilities as well as some medical conditions that were controlled and stable as a result of the relentless work of the Respite Care treatment team. The children were adopted by a family that aligned with the children's interests as well as their lifelong aspirations.”

Thank you to our FY23 Partners!



- 3M Gives
- A.E. Leonard Family Giving
- Amy Shelton McNutt Charitable Trust
- Baptist Health Foundation of San Antonio
- Belong
- Bob Woodruff Foundation
- Broadway Bank
- C.B. & Anita Branch Trust
- CAPTRUST
- Carl C. & Marie Jo Anderson Foundation
- Cavender Auto Family
- Charity Ball Association
- Chasnoff Stribling
- Circle Bar Foundation
- City of San Antonio, DHS
- CPS Energy
- Daniel & Hudson, LLC
- Dysart, LLC
- Elizabeth Huth Coates Charitable Foundation
- Endura Advisory Group
- Faye & William Cowden Foundation
- Frost Bank
- Greehey Family Foundation
- H-E-B Tournament of Champions
- In-N-Out Burger Foundation
- Jefferson Bank
- Joan & Herb Kelleher Charitable Foundation
- John G. & Marie Stella Kenedy Memorial Foundation
- Kronkosky Charitable Foundation
- Las Aguilas
- Luther King Capital Management
- McCombs Foundation
- Methodist Healthcare Ministries
- Myra Stafford Pryor Charitable Trust
- NADA Foundation
- Najim Charitable Foundation
- Nancy Smith Hurd Foundation
- Northside Lions
- PCSI
- Rachael & Ben Vaughan Foundation
- Red McCombs
- Roy & Christine Sturgis Charitable Trust
- San Antonio Junior Forum
- Security Service Federal Credit Union
- Silver Eagle Beverages
- Spurs Sports & Entertainment
- St. Luke's Lutheran Health Ministries
- SwRI
- Texas Cavaliers Charitable Foundation
- The Alamo Kiwanis Club
- The Children's Hospital of San Antonio - CHRISTUS Health
- The Gambrinus Company
- The Gordon Hartman Family Foundation
- The Junior League of San Antonio
- The Koehler Foundation
- The Mays Family Foundation
- The Nordan Trust
- The Parker Foundation
- The Purpose Coalition
- TND Family Foundation
- University Health
- UT Health San Antonio
- Valero Benefit for Children
- Valero Champions Fore Charity
- Vericast
- Warm Springs Foundation
- Wave Healthcare
- William & Margaret Klesse Foundation

Community Support

In Fiscal Year 2023, the San Antonio Community raised **over half a million dollars** for the children of Respite Care through our Annual Appeal, Annual Gala, and generous monthly donations!

Donations \$10,000+

Carla & John Brozovich
The Darr Family
Lacie & Joe Gorder
Kim Lewis
Vicki McLaughlin



Donations \$5,000-\$9,000

Nelda Benninger
Toby Calvert
Michael Ciskowski
Barbara & Michael Gentry
Rebecca & David Helterbrand
Cathy Bertone & Sandy Pacheco
Pilar & Jaweed Sayeed
John & Marsha Shields

Donations \$2,000-\$4,000

Paul & Lisa Barham
Thomas “T-Bone” Bounds
Jean Cheever
Marianne Dowdy
Sara Dysart
Rev. Kern & Becky Huff
Carmen & Jason Kamiya
Jack Sanford
Ann & Chico Newman
Eva & Gregory Papay
Michael & Julianne Posey
William P. Taylor Jr.
Michael N. Venson

And **348** additional donations made between \$1 & \$1,000 totaling **\$74,007!**

Whether you gave \$1 or \$1,000,000 - your support is truly considered **PRICELESS** to every child we serve, and all of us who live out the mission of Respite Care every day!

Volunteering at RCSA

Total Volunteer Hours:

1514

Unique Number of Volunteers:

317

Thank you to the following businesses, organizations,
and individuals for the incredible impact made at RCSA!



KPMG

National Charity League, Alamo Chapter

Nielsen Social Solutions

OfficeSource

Our Lady of the Lake University

Providence Catholic Student Softball Team

Pure Posh Salon

Rackspace Technology

San Antonio Livestock and Exposition Show

Sigma Theta Tau Sorority

Southwest Research Institute

Stone Oak Wealth Management

The Place Real Estate

The San Pedro Library

Thin Blue Line

Valero Energy

Vericast

Zachry Corporation

Zachry Group

To all 317 of the incredible individuals who gave of their
time and talent, we are so grateful for you, and we can't
wait to see you back at RCSA soon!

Contact Us



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