

Dear Parent/Guardian,

Thank you for inquiring about Respite Care of San Antonio, Inc. We are excited for you to be a part of our community and are sure you will enjoy the many services we have to offer. These include:

- a. Mother's Day Out (MDO)
- b. Family Day Out (FDO)
- c. Parent's Night Out (PNO)
- d. Respite Developmental Daycare
- e. School Age Programming (After School and Camp)
- f. Respite Weekend and Holiday Overnight Services (DRH)

Enclosed you will find a registration packet. Please complete the packet and return it in its entirety along with all required registration materials. All forms must be completed and submitted (one per household) to be considered for our programs. If an incomplete application is submitted, registrants will <u>have 5 business days</u> to complete their packet unless an extension is requested and approved by Respite Care Administration. We require all our families who qualify to apply for Child Care Service (CCS) assistance. Any family that does not qualify and is below the 250% of federal poverty can apply for Respite Care of San Antonio's Financial Hardship. At the end of this registration, you will find information on CCS Eligibility and our Hardship Application.

DRH Required Documents	Daycare Required Documents	Days Out Required Documents
Completed Registration Packet	Completed Registration Packet	Completed Registration Packet
Proof of Household Income	Proof of Household Income	Proof of Household Income
(SNAP, SSI, TANF, etc.) Last 90 Days	(SNAP, SSI, TANF, etc.) Last 90 Days	(SNAP, SSI, TANF, etc.) Last 90
Paystubs (4 consecutive)	Paystubs (4 consecutive)	Days
Tax Return (page 1 and 2)	Tax Return (page 1 and 2)	Paystubs (4 consecutive)
		Tax Return (page 1 and 2)
Immunization Record	Immunization Record	Immunization Record
Birth Certificate	Birth Certificate	
Social Security Card	Social Security Card	
Health Insurance	Health Insurance	
Proof of Guardianship	Proof of Guardianship, if applicable	
	CCS Application	

Required Registration Materials:

Please have the doctor sign the following forms:

- 1. Admission and Medical Information
- Parent/Practitioner Medication Authorization
 Medication orders are only necessary if your child is taking medication or receiving treatment while in care.
 *NO MEDICATIONS WILL BE GIVEN WITHOUT DOCTORS ORDERS. *

We have an on-site clinic in collaboration with UT Health Clinic, available to expedite the completion of these forms for you. For more information, please call UT Health at 210-738-1636.

If you have questions or need help completing the packet, please contact Alma Alvarado at (210) 737-1212 ext. 2015/aalvarado@respitecaresa.org or Nickol Gomez at ext. <u>2029/ngomez@respitecaresa.org</u>.

We look forward to serving your loved one's needs.

ADMISSION & MEDICAL INFORMATION

Child's Name		Date of Birth	Gender Male Female	Home Telephone Number		
Child's Diagnosis		- -		nonverbal		
Child's Home Address	City, State and Zip	Code	_			
Name of School (if applicable)		School District				
Mother / Guardian Name		Address (if differen	t from child's address)			
Father / Guardian Name		Address (if differen	t from child's address)			
List telephone numbers where parent's guardian may be reached while child will be in care	Mother' / Guardian Telephone	Father / Gua	rdian Telephone	E-mail address		
Give the name, address and phone	number of person to call in case of en	nergency if parents/gua	ardian cannot be reached			
Name	Address		Phone	Relationship		
	eration to allow my child to leave the one will only be released to a parent, or					
1)	2)		3)			
CHECK ALL THAT APPLY 1. SERVICE INTEREST: Daycare	☐ Mother's Day Out ☐ Weekends [Overnight After S	School/Camp			
2. TRANSPORTATION: I hereby	give do not give consent for m	ny child to be transporte	ed for emergency care			
3. FIELD TRIPS: I hereby	give do not give consent for	my child to be transport	ted to and participate in f	field trips		
4. WATER ACTIVITIES: I hereby give do not give consent for my child to participate in water activities sprinklers. splashing/wading pools. water table play. Is your child able to swim without assistance? Yes No If No, what type of assistance is needed:						
5. RECEIPT OF PARENT HANDBOOK	: I acknowledge receipt of the fac	cility's operation policies	s including those for disci	pline and guidance.		
6. PUBLICITY RELEASE: I hereby 🗌 give 🔲 do not give consent for my child's photograph to be used for publicity.						
7. THERAPIES RECEIVED: 🗌 ECI Services 🗋 Occupational Therapy 🗋 Physical Therapy 🗋 Speech Therapy 🗋 Applied Behavior Analysis 🗋 None						
	ccommodations under the Americans of Title III, you may call the ADA Inforn					

AUTHORIZATION FOR EMERG	ENCY MEDICAL ATTENTION:			
In the event I cannot be reache	ed to make arrangements for	emergency medical care, I author	rize the person in ch	narge to take my child to:
Name of Primary Care Physicia	n:	Address:		Phone Number:
Name of Emergency Medical F	acility (hospital):	Address:		Phone Number:
I give consent for the facilit	y to secure any and all neces	sary emergency medical care for r	my child.	
		tion important to the care of your		Phone Number:
Name of Physician:	Specialty:	Address:	Address:	
MEDICAL INSURANCE INFORM	IATION _ My child is not in	sured My child is insured by	y:	
Please list any behavioral info	rmation that may be import	ant to the care of your child		
Behavior:	Antecedent:	Plan of corr	ection:	Reward/ Consequence

ADMISSION & MEDICAL INFORMATION

Child's Name	Date of Birth	Child's Diagnosis					
	ADMISSION REQUIREN	IENT					
My child does not attend a pre-kindergarten or school away from Respite Care of San Antonio, Inc.							
Children not in school need this form signed by both a health care professional and the parent.							
Check one of the following boxes:							
HEALTH CARE PROFESSIONAL'S STATEMENT: See Parent/ Practitioner's Authorization							
Medical diagnosis and treatment conflict with the tenets have attached a signed and dated affidavit stating this.	and practices of a recognize	ed religious organization, which I adhere to or am a member of; I					
My child is school age and attends a pre-kindergarten or so	chool away from Respite Car	e of San Antonio, Inc.					
Provide all of the following boxes:							
My child has been examined within the past year by a he							
My child has received both a vision and hearing screenin Current Well Child Summary	g in the past year. (Required	i if 4 y/o and older)					
	ALLERGY INFORMA	TION					
☐ My child has no known allergies ᡛmyironmental aller ☐ My child is allergic to the following (provide action p							
Medication: Rea	ction:	Response:					
		Response:					
		Response:					
Other:Read	ction:	Response:					
Height:	Wei	ght:					
MEDICAL INTERVENTIONS / SE	PECIAL DIET REOUIREN	/ENTS/CHILDS SPECIAL CARE NEEDS					
		-					
Any interventions to be administered at RCSA programs							
My child has NO special diet requirements) special medical intervention requirements.					
My child has a SPECIAL DIET (provide special diet or		— —					
		Modifications Symptoms/Indications of Complications					
Explain:							
Other:							
Special Equipment List:							
	MEDICATIONS						
Any medications to be administered at RCSA programs	must be accompanied by	a Parent / Practitioner Authorization form.					
My child takes NO medication.							
☐ My child takes the following medications ☐ Medications	prescribed for continuous lo	ng-term use.					
Medication:Dosage:	Frequency:	Reason:					
Medication:Dosage:							
Medication:Dosage:							
	PITALIZATION / SURGICA	AL HISTORY					
My child has NOT been hospitalized in the past 12 m	onths. 🗌 My	child HAS been hospitalized in the past 12 months.					
My child has NOT had surgery in the past 12 months	S My	child HAS had surgery in the past 12 months					
IF Yes, please list (date & reason):							
Health Care Professional's Signature Da	ate P	arent/Guardian's Signature Date					
	-						
Health Care Professional's Printed Name or Stamp	P	arent/Guardian's Printed Name					

Parent/ Practitioner's Authorization



Medication Administration, TB Questionnaire, Immunization, Examination & Orders

Child (participant's) Name:_____

DOB:

Allergies: _____ Medications:

For allergy and/or emergency purposes, please provide a list of ALL medications/supplements your child is currently taking.

Medication Authorization

If your child will need medication administered or any other type of nursing care while he/she is in the care of Respite Care of San Antonio a doctor's order is required before any medication or treatment can be administered. The order must state the name of the patient and medication, the dosage, time, frequency, and route of administration. A start and end date (or "ongoing") should be indicated. It must be signed and dated and must match the orders on the prescription bottle provided. We cannot provide care for your child unless ordered medications are provided. Any PRN or "as needed" medication must list the indicators of the need. If any changes are made, to include discontinuing medication, the updated order must be provided prior to administration.

Tuberculosis (TB) Screening						
Place a mark in the appropriate box:	Yes	No	Unknown			
TB can cause fever for a long duration, unexplained weight loss, a bad cough (lasting over two weeks), or coughing up blood. As far as you know, has the above-named individual: -Been anyone around with these symptoms or problems? OR -Been anyone around diagnosed with TB? OR -Had any of these symptoms?						
Was the above-named individual born in Mexico or any other country in Latin America, the Caribbean, Africa, Eastern Europe or Asia?						
Has the above-named individual traveled in the past year to Mexico, or any other country in Latin America, the Caribbean, Africa, Eastern Europe, or Asia for longer than 3 weeks? If so, specify the country/countries:						
To your knowledge has the above-named individual spent time (longer than 3 weeks) with anyone who is/has been an intravenous (IV) drug user, HIV–infected, in jail or prison or recently came to the United States from another country?						
Has the above-named individual been tested for TB? Has the above-named individual ever had a positive TB skin test? YES NO If yes, specify date:						

Immunization Record

I have provided a copy of my child's most recent and up to date immunization record.					
,	•	ns of conscience, including a religious belief. I have attached an official notarized affidavit . I understand this affidavit is valid for 2 years.			
and/or treatment to be adminis	tered per doctor's orders.	nat all information I have provided is accurate. I authorize any medication st that all information I have provided is accurate.			
Parent/Guardian Signature	Date	Parent/Guardian's Printed Name			
Based on the information provided a		n by Health Care Provider: Idividual require a PPD? YES NO			
If yes, date administered	Date read	Results?			
I have examined the above-name	d child within the past year and	I found that he/she is able to take part in the day care program.			
I have provided a copy of the chil	d's most recent and up to date	immunization record.			
I have provided a copy of the child's most recent medical orders (medication and medical intervention i.e., g-tube, nebulizer, etc.).					
Health Care Professional's Signati	ure Date	Health Care Professional's Printed Name or Stamp			

RCSA Staff Submitted: Choose Program: PNO FDO M Child's Name: Address: CODE:	Child' HOH Email:	s D.O.B:	al Inform	Review	Rat THI Nat Rat Date Zip Cc		RH: JD: JD: RH: IUD: IUD:
Number in Household		tax retui			-	· ·	
Names of Household	Members		Date of E	Birth	Relatio	onship to Participar	nt
1.					Head	of Household	
2.							
3.							
4.							
5.							
6.							
7.							
8.							
Please list employment infor	mation for all adults in h	ouseho	old:	Pe	r:	If paid per hour, #	Avg. # Overtime
Household Member	Place of Employment	Rate o	of Pay	(circle	one)	Hrs. per week	Hrs./week
Head of Household		\$		Hr./ M	o./Yr.		
		\$		Hr./ M			
		\$		Hr./ M	•		
		\$		Hr./ M			
		\$		Hr./ M	-		
For each individual listed above	, please provide the most re	ecent Fe	deral tax	return O	R 4 <u>cons</u>	<u>secutive</u> payroll che	eck stubs.
Do parents within the household School attending: Do any members of the househo		No		arent atte	nding scl	hool: Full time	Part Time
List Household Member			Amount p	or month	•		
			Amount p		•		
Please provide a copy of Social Do you receive child support for				mount pe	er Month	۱Ś	
				-			 │Yes │ No
Do you receive Food Stamps?		l	Do you rece	ive Housi	ng Assist		
Do you receive TANF?	Yes No			ive any of	ther gov	ernment assistance?	Yes No
		Page	5 of 10				

Release of Information

I authorize Respite Care of San Antonio, Inc. and its administrative and clinical team to obtain the following information. Check all that apply.

Discharge Summary	Cognitive / Mental Health reports	Medical testing / records
Diagnosis	Advanced Directives	ECI/ Therapy / Education reports /plan
Immunization Record	Practitioner / Physician's Order	Family financial information

This information will be used to provide care for your child utilizing services with Respite Care of San Antonio, Inc. (RCSA). All information is regarded as confidential to outside entities. I understand that all information regarding my child, his / her care, their history, health, medical and behavioral information as well as family information pertinent to receiving services will be shared within RCSA agency. All information will be maintained in my child's file. I understand information may be shared with funding entities outside of RCSA to ensure compliance with funding, licensing, or contractual agreements. This Authorization is in effect for the time that my child is registered to utilize services from RCSA. I understand that I have the right to revoke this authorization. I hereby authorize and give my consent for the release of information pertaining to my record. This authorization grants permission for RCSA to disclose the requested information to abide by city, state and federal guidelines.

I understand and acknowledge that the released information may contain sensitive and confidential data. I hereby release RCSA, its employees, agents, and affiliated parties from any liability that may arise from the disclosure and use of the authorized information, provided such disclosure is made in good faith and in accordance with applicable laws and regulations.

_____Initials

I have provided RCSA with all necessary personal, medical, financial and behavioral information needed for the proper care and protection of my child.

Parent/Guardian Signature Date

I certify that the above information is true and correct to the best of my knowledge. I understand the above information may be used to determine eligibility for financial assistance from Federal, State and/or local government agencies for respite care/ daycare services and is subject to verification by authorized government agency officials. Should any undisclosed information or incorrect information result in funding sources disallowing my bill, I understand I will be responsible for those fees. If any changes occur in household income, it should be reported to registration immediately.

Signature of Parent or Guardian

Print Name & Relationship to Participant

Release of Liability

I, the parent/guardian of______understand that any respite worker of Respite Care of San Antonio, Inc., (RCSA) has been screened and has received special training and orientation by RCSA. I agree that Respite Care of San Antonio, Inc., shall not, under any circumstances be liable under or by reason of this agreement, directly or indirectly, for accident or injury to any person or persons during the course of providing and receiving respite services.

I assume the risk of all damage, loss, costs and expenses and agree to indemnify and hold harmless Respite Care of San Antonio, Inc., its officers, agents, and employees, from and against any and all claims, losses, damages, cause of action, suits and liability of every kind including all expenses of litigation, court costs, and attorney's fees for injury to any person or persons caused by the negligence of Respite Care of San Antonio, Inc. or the joint negligence of Respite Care of San Antonio, Inc. and any other person or entity.

Furthermore, I will indemnify the respite worker from and against any and all losses or damages which may sustain by reason of injury to any person or persons or damage to property while the respite worker is engaged in performing the services arising out of and within the scope of performance of this agreement, other than those which may arise in part out of the contributory negligence of the respite worker.

In addition, I hereby agree to indemnify Respite Care of San Antonio, its agents, employees and servants from all liability or claims, demands, damages and costs for or arising out of any of the services provided by RCSA during any respite provided at a facility base.

Phone Number

Date

RCSA Staff Member

Date

DOB:

Demographic Information

Head of Household:				ſ	Domestic/Partner:	
For <u>reporting purposes only</u>			- 1 -71e í	F	or <u>reporting purposes c</u>	only
Gender: Gender identity of t	he clients served by the program	า		(Gender: Gender identity	of the clients served
Female				5a.	Female	
Male			RESPITE CARE	7	Male	
Other				ĺ	Other	
Gender Unknown					Gender Unknown	
Age Grouping: Age ranges ba	ased on the ages of the clie <u>nts</u> se	erved by the prop	gram.		Age Grouping: Age rang	es based on the ages
Unborn Children 2	0-24 Years 75	5-84 Years			Unborn Children	20-24 Years
0-2 Years 2	5-34 Years 8	5-Over		[0-2 Years	25-34 Years
3-4 Years 3	5-44 Years A	ge Unknown			3-4 Years	35-44 Years
5- 9 Years 4	5-54 Years				5-9 Years	45-54 Years
10-14 Years 5	5- 64 Years				10-14 Years	55- 64 Years
15-19 Years 6	5-74 Years			ĺ	15-19 Years	65-74 Years
Race and Ethnicity:	Hispanio	c or Latino Origi	n:	F	Race and Ethnicity:	
American Indian or Alask	a Native Hisp	anic or Latino			American Indian or A	Alaska Native
Asian	Not	Hispanic or Latir	10		Asian	
Black or African America	n Hispa	anic or Latino O	rigin Unknown		Black or African Ame	erican
Hispanic or Latino					Hispanic or Latino	
Native Hawaiian or Othe	r Pacific Islander				Native Hawaiian or (Other Pacific Islande
White					White	
Some Other Race					Some Other Race	
Two or More Races					Two or More Races	
Race/Ethnicity Unknown					Race/Ethnicity Unkn	own

Education Level: Highest (or current level of education) achieved by the clients served by the program. Measured at the client level as a count of the clients.

	Less than Kindergarten	5 th Grade	11 th Grade	Associates
	Kindergarten	6 th Grade	12 th Grade	Bachelors
	1 st Grade	7 th Grade	HS Diploma	Grad or Prof. Degree
ļ	2 nd Grade	8 th Grade	GED or Equivalent	Ed. Level Unknown
	3 rd Grade	9 th Grade	Post HS or Equivalent	
	4 th Grade	10 th Grade	Some College (No Degree)	

Household Composition: Type of household the client(s) served in the program are members of. Measured at the client level as a count of household/families.

	-		
]Single Parent/ Caregiver Family Household with	n children	(no grandparent(s)	present)

Two-Parent/Caregiver Family Household with children (no grandparent(s) present)

Family Household with grandparent(s) responsible for grandchild(ren) present

- Other Family Household
- Single Person Non-Family Household Other Non-Family Household (other than single person) Household Type Unknown

Military Service: Military services status of the clients served by the program. Measured at the client level as a count of clients.

Active Duty	Military Dependent	Ac	ctive Reserve	Inactive Reserve
Veteran (not di	shonorable discharge)	Di	scharged- dishonorable	National Guard
Retired Militar	y Never Served in the N	1ilitary	Military Status Unk	known

Total number of clients:

If more than one client, please write in page of page

only

of the clients served by the program

ges based on the ages of the clients served by the program.

	Unborn Children	20-24 Years
	0-2 Years	25-34 Years
	3-4 Years	35-44 Years
	5-9 Years	45-54 Years
	10-14 Years	55- 64 Years
	15-19 Years	65-74 Years
_		

75-84 Years
85-Over
Age Unknown

Hispanic or Latino Origin:

- Hispanic or Latino
- Not Hispanic or Latino Hispanic or Latino Origin Unknown

Education Level: Highest (or current level of education) achieved by the clients served by the program.

Measured at the client level as a count of the clients.

Less than Kindergarten	5 th Grade	11 th Grade	Associates
Kindergarten	6 th Grade	12 th Grade	Bachelors
1 st Grade	7 th Grade	HS Diploma	Grad or Prof. Degree
2 nd Grade	8 th Grade	GED or Equivalent	Ed. Level Unknown
3 rd Grade	9 th Grade	Post HS or Equivalent	
 4 th Grade	10 th Grade	Some College (No Degre	e)

Household Composition: Type of household the client(s) served in the program are members of.

Measured at the client level as a count of household/families.

- Single Parent/ Caregiver Family Household with children (no grandparent(s) present)
- Two-Parent/Caregiver Family Household with children (no grandparent(s) present)
- Family Household with grandparent(s) responsible for grandchild(ren) present

Other Family Household

Single Person Non-Family Household Other Non-Family Household (other than single person) Household Type Unknown

Military Service: Military services status of the clients served by the program. Measured at the client level as a count of clients.

Active Duty Military Dependent	Active Reserve	Inactive Reserve
Veteran (not dishonorable discharge)	Discharged- dishonorable	National Guard
Retired Military Never Served in the Milita	ary Military Status Unkr	nown

Total number of clients:

If more than one client, please write in page _____ of page _____

Demographic Information

Client/Child:
For <u>reporting purposes only</u>
Gender: Gender identity of the clients served by the program
Female
Male



Gender Unknown

Age Grouping: Age ranges based on the ages of the clients served by the program.

	Unborn Children	20-24 Years
	0-2 Years	25-34 Years
	3-4 Years	35-44 Years
	5-9 Years	45-54 Years
	10-14 Years	55- 64 Years
	15-19 Years	65-74 Years

75-84 Years 85-Over Age Unknown

Hispanic or Latino Origin:

Hispanic or Latino

Not Hispanic or Latino

Hispanic or Latino Origin Unknown

Race and Ethnicity:

Other

American Indian or Alaska Native

Asian

Black or African American

Hispanic or Latino

Native Hawaiian or Other Pacific Islander

White

- Some Other Race
- Two or More Races
- Race/Ethnicity Unknown

Education Level: Highest (or current level of education) achieved by the clients served by the program. Measured at the client level as a count of the clients.

Less than Kindergarten	5 th Grade	11 th Grade	Associates
Kindergarten	6 th Grade	12 th Grade	Bachelors
1 st Grade	7 th Grade	HS Diploma	Grad or Prof. Degree
2 nd Grade	8 th Grade	GED or Equivalent	Ed. Level Unknown
3 rd Grade	9 th Grade	Post HS or Equivalent	
4 th Grade	10 th Grade	Some College (No Degree)	

Household Composition: Type of household the client(s) served in the program are members of. Measured at the client level as a count of household/families.

Charle Devent / Course - F	and the transformed and the state			
Single Parent/ Caregiver F	amiiv Housenoid witr	i children (no e	grandbarent(s)	present

Two-Parent/Caregiver Family Household with children (no grandparent(s) present)

Family Household with grandparent(s) responsible for grandchild(ren) present

- Other Family Household
- Other Non-Family Household (other than single person)
- Single Person Non-Family Household Household Type Unknown

Military Service: Military services status of the clients served by the program. Measured at the client level as a count of clients.

Active Duty	Military Dependent		Active Reserve		Inactive Reserve
Veteran (not dish	onorable discharge)		Discharged- dishonorable		National Guard
Retired Military	Never Served in the M	1ilitary	Military Status Unk	now	'n

Total number of clients:

If more than one client, please write in page of page

	Demogra	aphic Information	0
Client/Child:			2
For reporting purposes or	nly		-
Gender: Gender identity	of the clients served by	/ the program	
Female			- C
Male			RESPITE C
Other			•-
Gender Unknown			
Age Grouping: Age range	s based on the ages of	the clients served by the program.	
Unborn Children	20-24 Years	75-84 Years	
0-2 Years	25-34 Years	85-Over	
3-4 Years	35-44 Years	Age Unknown	
5-9 Years	45-54 Years		

Race and Ethnicity:

10-14 Years

15-19 Years

- American Indian or Alaska Native
- Asian
- Black or African American
- Hispanic or Latino Native Hawaiian or Other Pacific Islander White
- Some Other Race
- Two or More Races
- Race/Ethnicity Unknown

Hispanic or Latino Origin:

- Hispanic or Latino
- Not Hispanic or Latino Hispanic or Latino Origin Unknown

Education Level: Highest (or current level of education) achieved by the clients served by the program.

Measured at the client level as a count of the clients.

55- 64 Years

65-74 Years

Less than Kindergarten	5 th Grade	11 th Grade		Associates
Kindergarten	6 th Grade	12 th Grade		Bachelors
1 st Grade	7 th Grade	HS Diploma		Grad or Prof. Degree
2 nd Grade	8 th Grade	GED or Equivalent		Ed. Level Unknown
3 rd Grade	9 th Grade	Post HS or Equivalent		
 4 th Grade	10 th Grade	Some College (No Degre	ee)	

Household Composition: Type of household the client(s) served in the program are members of.

Measured at the client level as a count of household/families.

- Single Parent/ Caregiver Family Household with children (no grandparent(s) present)
- Two-Parent/Caregiver Family Household with children (no grandparent(s) present)

Family Household with grandparent(s) responsible for grandchild(ren) present

Other Family Household

Single Person Non-Family Household Other Non-Family Household (other than single person) Household Type Unknown

Military Service: Military services status of the clients served by the program. Measured at the client level as a count of clients.

Active Duty Military Dependent	Active Reserve	Inactive Reserve
Veteran (not dishonorable discharge)	Discharged- dishonorable	National Guard
Retired Military Never Served in the Milita	ary Military Status Unk	nown

Total number of clients:

If more than one client, please write in page of page

********Respite Care Accounting Office Use Only*********

Income Type	Documentation Received	Totals from above
Employment		\$
Social Security		\$
Child Support		\$
Government Assistance		\$
Other		\$
Total		\$

- 1. # persons in the household: _____
- 2. Gross annual income for the household: _____

3. Select the line below that corresponds to the household size and gross annual income.

*****Quality Assurance Check: Final Review/Approval ADMIN*****

Reviewed On: _____

Approved By (Print): ______

Approval Signature: _____

-----Insert CCS Eligibility Criteria, Hardship Application, State Median Income and Federal Poverty form here-----

4	A REAL
	ESPITE CARE

RESPITE CARE OF SAN ANTONIO (RCSA) ASSESSMENT

Which RCSA programs have you and	d your family u	sed? (Select all th	nat apply)		
Daycare 🗌 Parent's Night Out 🗌	Uirtual	Mother's L	Day Out 🛛	Family Day Ou	t 🗆
How many children in each of the a	ge groups belo	w have participa	ted in RCSA pr	ograms?	
0-23-45-8	15-12	7			
How many times have you used the	services you c	ircled above?			
DaycareParent's Night Out	Mother's	Day Out Fo	amily Day Out <u></u>		
Relationship of Person Completing I	Form?				
Parent 🗌 Guardian 🗌 Foster	Parent 🗆 O	other			
Instructions: For each statement, please place a CHE	CK on the respo	nse that best descr	ibed how the st	atement applies	to vou.
Parent Stress Index (PSI)	Never	Almost Never	Occasionally	Almost All the Time	All the Time
 Adult Adolescent Parent Index (AAPI) Family Empowerment Scale (FES) 				Time	
1. I feel that I cannot handle things					
	5	4	3	2	1
2. My children do things that cause me to react negatively	5	4	3	2	1
3. I feel trapped by my parenting responsibilities	5	4	3	2	1
4. I'm never able to do things that I like to do	5	4	3	2	1
5. My children do things that are bothersome to me.	5	4	3	2	1
6. My efforts for my child are never enough	5	4	3	2	1
I feel confident in my ability to help my child grow and develop.	1	2	3	4	5
8. I am able to work with agencies and professionals to decide what services my child needs.	1	2	3	4	5
9. I feel I am a good parent.	1	2	3	4	5
10. Praising children is a good way to build their self-esteem	1	2	3	4	5
11. Children who learn to recognize feelings in others are more successful in life.	1	2	3	4	5
12. Parents expectations of their children should be high, but appropriate	1	2	3	4	5

 Parent Stress Index (PSI) Adult Adolescent Parent Index (AAPI) Family Empowerment Scale (FES) 	Never	Almost Never	Occasionally	Almost All the Time	All the Time
13. Rewarding children's appropriate behavior is a good form of discipline	1	2	3	4	5
14. My opinion is just as important as professionals' opinions in deciding what services my child needs	1	2	3	4	5
15. I know what services my children/child needs	1	2	3	4	5
16. Children who bite others need to be bitten to teach them what it feels like	1	2	3	4	5
17. Children should never be hit	1	2	3	4	5
18. When I need help with problems in my family, I am able to ask for help from others	1	2	3	4	5
19. I make efforts to learn new ways to help my child grow and develop	1	2	3	4	5
20. Children learn violence through exposure.	1	2	3	4	5
21. I have a good understanding of my child's disorders.	1	2	3	4	5
22. Children who are spanked behave better than children who are not.	1	2	3	4	5
23. My stress and anxiety are reduced because Respite Care is available to my child.	No, I am still stressed	Yes, I am a little less stressed.	My stress is the same.	Yes, I am less stressed.	Yes, I am a lot less stressed.
	1	2	3	4	5

Are you currently working: YES NO Are you currently attending school: YES NO

How did you hear about RSCA? Internet

Referred by another agency, (which agency) Other (please provide source)

To obtain scores, follow the instructions below

PSI - (1+2+3+4+5+6)/6 = Average Score = _____

• The PSI is a self-report screening tool that helps providers and families identify the level of stress a person feels in their role as a parent. Higher scores generally indicate higher levels of stress.

AAPI - (10+11+12+13+16+17+20+22)/8 = Average Score _____

• The AAPI- has been useful in identifying parents who were unlikely to abuse or neglect their children. Higher scores generally represent the least likely candidates to abuse or neglect their children.

FES - (7+ 8+ 9+ 14+15+18+19+21)/8 = Average Score____

 The FES assesses the effectiveness of interventions or programs designed to increase the empowerment of parents or other family caregivers. Higher scores indicate an increased sense of empowerment.



DATE: _____

Resilience, Self Esteem, and Relevance Survey

 Brief Resilience Scale (BRS): 	Strongly	Disagree	Neutral	Agree	Strongly
Relevance Scale (RS)	Disagree				Agree
 Quality of Life Enjoyment & Satisfaction Questionnaire (QLESQ) 					
 I tend to bounce back quickly after hard times 	1	2	3	4	5
 I have a hard time making it through stressful events 	5	4	3	2	1
It does not take me long to recover from a stressful event	1	2	3	4	5
4. It is hard for me to snap back when something bad happens	5	4	3	2	1
5. I usually come through difficult times with little trouble	1	2	3	4	5
6. I tend to take a long time to get over setbacks in my life	5	4	3	2	1
7. The content provided by Respite Care was relevant to your needs as a parent/caregiver	1	2	3	4	5
8. The content provided improved your confidence as a parent/caregiver	1	2	3	4	5
9. You found the content was relevant and useful	1	2	3	4	5
General Activities		Overal	ll Level of Satisfa	action	
Taking everything into consideration, during the past week how satisfied have you been with your	Very Poor	Poor	Fair	Good	Very Good
10physical health?	1	2	3	4	5
11mood?	1	2	3	4	5
12work?	1	2	3	4	5
13household activities?	1	2	3	4	5
14social relationships?	1	2	3	4	5
15family relationships?	1	2	3	4	5
16leisure time activities?	1	2	3	4	5

17ability to function in daily life?	1	2	3	4	5
18sexual drive, interest and/or performance?	1	2	3	4	5
19. economic status?	1	2	3	4	5
20. living/household situation?	1	2	3	4	5
21. ability to get around physically without feeling dizzy or unsteady or falling?	1	2	3	4	5
22. your vision in terms of ability to do work or hobbies?	1	2	3	4	5
23. overall sense of well-being?	1	2	3	4	5
24. medication? (if not taking any, check here and leave item blank)	1	2	3	4	5
25. How would you rate your overall life satisfaction and contentment during the past week?	1	2	3	4	5

To obtain scores, follow the instructions below

Brief Resilience Scale (BRS): (1+2+3+4+5+6)/6 = Average Score = ___

The **BRS is** an evidence-based survey tool that helps providers and families identify the level of resiliency a person feels in their role as a parent/caregiver.

BRS Score	Interpretation
1.00 - 2.99	Low resilience
3.00 - 4.30	Normal resilience
4.31 - 5.00	High resilience

Smith, B.W., Dalen, J., Wiggins, K., Tooley, E., Christopher, P. and Bernard, J. (2008). The Brief Resilience Scale: Assessing the Ability to Bounce Back. International Journal of Behavioral Medicine, 15, 194-200.

Relevance Scale (RS) :(**7**+ **8**+**9**) /**3** = Average Score_____ The relevance scale is a survey tool that helps providers and families identify the level of relevance a person feels the content, or services administered by the provider was.

Quality of Life Enjoyment & Satisfaction Questionnaire (QLESQ)

This **QLESQ** is an evidence-based survey tool designed to help assess the degree of enjoyment and satisfaction experienced during the past week.

(Raw score minus the minimum possible raw score (16) divided by the maximum possible raw score (80) minus the minimum possible raw score).

If items are left blank the maximum and minimum scores must be modified to reflect the number of items scored.

The 1/3 rule is usually used for excluding subjects who have no scores for 1/3 of the items. At times some investigators may apply more stringent or less stringent rules.